“Hello I am Stacey the Stair Safety Squirrel!
This is my friend, Sam. He hurt his arm falling down the stairs. Now he is afraid to go up and down the stairs by himself.”

“Can you help me show Sam that the stairs can be a safe place, if you know the right way to use them?”

We can also show Sam how YOU know a stair is safe.
Let’s go!
Clear the path is the first thing to remember when you want to be safe on the stairs.

Sam’s mom and dad tell him to put away his toys. Can you help Sam find six things he forgot to put away?
The next thing that Sam needs to remember is to **Light the Way** when he goes up and down the stairs.

“Sam, can you turn on the light?”

Sam likes to be helpful.
You can help Grandma or Grandpa turn on the light when they need to use the stairs.
Never try to use the stairs in the dark.
“Sometimes people like to slide down the handrails or take their toys for a ride on the rail, but the best thing to do is to Hold The Rail. Even if you’re little like me, it’s important to hold on when you use the stairs.”

Always make sure there is a handrail you can reach and hold. Grandma and Grandpa should have handrails to hold on both sides of the stairs.
Do Not Play is the next important safety rule to remember.

Sam and his friend, Steve, like to chase each other and climb. Which place do you think is a better place to play: on the stairs or outside?

“The playground is a lot safer and more fun than playing on the stairs!”
Do you remember when Stacey said that Sam should ‘Hold the Rail?’

Another important thing to remember is that you should ‘Keep Your Hands Free’ you shouldn’t carry so much you cannot ‘Hold the Rail’ or see where you are going.

What can Sam and Mom do to keep their hands free?

If your stairs have rails that are loose or wobbly, tell your parents. Loose rails can be really dangerous, even if you are using them safely!
“Follow the numbers to complete the picture and to figure out the next thing that Sam needs to know about being safe on the stairs.”

“It is important to Take Your Time and go slowly on the stairs.”
Sam is so happy you helped him learn these special safety rules. He’s ready to use the stairs again. He has even made a song about them. Can you sing it with him?

(to the tune of “London Bridge”)

Clear the path and
Light the way
Hold the rail
Do not play
Keep your hands free
Take your time
Use stairs safely